



## **Alpha - Fall 2023**

Alpha will begin this fall, on Wednesday September 20<sup>th</sup>

If you are pondering on the big questions of life, or would like to ask questions about the Christian faith and where God is... in your life, the world? Come and give our first session a try!! You are welcome to bring a friend along!

### **EVERYONE IS WELCOME!!!**

- Alpha runs for 11 weeks, one session per week every Wednesday
- held at All Saints Church, Strathroy - Parish Centre
- offered in person and on-line.
- Participants are invited to join together for a potluck meal which begins at 6pm
- Alpha session runs from 7:00 – 8:30 pm after the Potluck

Each session has three key ingredients:

1. **Connect** – Share a meal together
2. **Watch** – Alpha Videos explore the big issues of life and faith, and questions like: “Who is Jesus?”, “Why and how do I pray?” and “How does God guide us?”
3. **Discuss** - an opportunity for people to respond to the talk, hear from others and contribute their own perspective in an honest, friendly and open environment.

**ALPHA Team:** For anyone who has previously participated in Alpha, we ask you to prayerfully consider to join our Alpha Team. If you are interested please submit your registration as a Host/Helper and we will contact you and work out where you would like to help on the team.

For more information or to register: please visit our website:

<https://westmiddlesexcatholic.dol.ca/alpha-course>



**ALPHA** - Let's share in the good news of Jesus!

**Who & How Can you Invite to Alpha?**

**Coming in August:** Alpha Prayer Cards along with Alpha Information Cards will be available after our masses in August.

**Alpha Prayer Cards:** will help in our daily prayer as we ask the Holy Spirit to help us contemplate on who we can invite to try Alpha; perhaps a family member, friend, neighbour or co-worker!

**Alpha Information Cards:** make it easy to share the news about our upcoming Alpha season. Please feel free to pass along to anyone who may ask for more information or looking to register.

**Have you taken part in the Alpha program previously?**

For anyone who has previously participated in Alpha, we ask you to prayerfully consider to join our Alpha Team. The Alpha Team is comprised of:

- Hosts and Helpers to help with our small groups,
- Greeters
- and a Prayer Group.

We work together to bring the Alpha program to our participants, sharing the good news of the Gospel. We come to share in the potluck meal with old and new friends on our Alpha journey. If you are interested please submit your registration as a Host/Helper and we will contact you and work out where you would like to help on the team.

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Any questions, please reach out: Ruth Alcainho (CPM) Alpha Co-Ordinator  
519-871-6249